




2024 NEW YEAR RESOLUTIONS

GOALS



A large empty rectangular box for writing goals.

ACTION STEPS



A list of 12 horizontal lines for action steps, each preceded by a small square checkbox.

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

MOTIVATIONAL QUOTES



A large empty rectangular box for writing motivational quotes.